

DISTRICT THREE DISTRICT THREE DISTRICT THREE

OHIO NURSES ASSOCIATION

WILLIAMSBURG WEST • 5669 MAHONING AVENUE, SUITE C • YOUNGSTOWN, OHIO 44515

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OHIO NURSES ASSOCIATION #3

DISTRICT THREE DISTRICT THREE DISTRICT THREE

April - May 2010

UPCOMING MEETINGS

Leadership Development Institute.....	April 7
R&R Steering Committee	April 13
YSU Student Reception	April 19
Kent Trumbull Student Reception	April 27
R&R Interest Group	April 27
Tellers Committee.....	TBA
Annual "Nurses Make a Difference" Banquet	May 7
D3ONA-2nd Harvest Food Bank.....	May 11
ONA Candidate Interviews	July 23

DISTRICT THREE, ONA Annual "Nurses Make A Difference" Banquet

Friday, May 7, 2010 • D.D. & VELMA DAVIS EDUCATION & VISITOR CENTER
Fellows Riverside Gardens • Mill Creek Park • 123 Mckinley, Youngstown, Ohio

RESERVATION: PLEASE MAIL YOUR CHECK TO THE OFFICE PRIOR TO THE MEETING

Name _____
Please specify if RN or LPN

Address: _____

Name(s) of Guest(s): *(Please specify if a Registered Nurse or Licensed Practical Nurse for CE Certificates)*

E-mail Address _____

Menu Includes: Choice of – Swiss Chicken ~ or Stuffed Pork Chop ~ or Vegetable Lasagna, Wedding Soup, Tossed Salad, Twice Baked Potato, Broccoli with Cheese Sauce, Cherries in the Snow. Rolls & Butter, Coffee

Please let us know if you have any special food needs

Chicken:	<input type="checkbox"/> Member - \$30.00	<input type="checkbox"/> Non-member - \$37.00	<input type="checkbox"/> Guest - No CE - \$30.00	<input type="checkbox"/> Student - \$25.00
Pork:	<input type="checkbox"/> Member - \$30.00	<input type="checkbox"/> Non-member - \$37.00	<input type="checkbox"/> Guest - No CE - \$30.00	<input type="checkbox"/> Student - \$25.00
Lasagna:	<input type="checkbox"/> Member - \$30.00	<input type="checkbox"/> Non-member - \$37.00	<input type="checkbox"/> Guest - No CE - \$30.00	<input type="checkbox"/> Student - \$25.00

"Champagne" Reception for Retired Nurse Members: 5:30 PM – MUST RSVP for attendance () PLEASE CHECK BOX

Members and non-members unable to attend the dinner, are welcome to attend the CE Portion only of the meeting.

The cost of the CE is \$5.00 for members, and \$12.00 for non-members. Refunds are only possible when notified four days in advance of dinner.

Unpaid meal reservations are the responsibility of the member and will be billed for the cost.

RESERVATION DEADLINE – April 27, 2010 • Make check payable to: District Three, ONA

Mail to: District Three, ONA, Williamsburg West • 5669 Mahoning Avenue • Suite C, Youngstown, Ohio 44515

A CE application has been submitted to the Ohio Nurses Association. Please call the District Three office at 330-799-4199 for more information about contact hours. CE Credit may only be obtained after attending 100% of the program and completing the program evaluation.

American with Disabilities Act – Please notify the office if you require special accommodations

FROM THE PRESIDENT

.....by Mada Janosik, MSN, RN,
President



This is my final President's Message as your board president, District Three. My two terms are complete. The past four years have been a lifetime experience for me. As I approach the May 7th Nurses Make a Difference Banquet I will hand over the gavel to an RN who will be the next Board President.

I owe much to our Executive Director, Linda Warino, and Rae Floor, our Administrative Secretary who make District Three work like a precious fine-tuned clock. They make all things possible. I owe special thanks to all Board members who have served District Three and made tough decisions and some easy ones too. I thank

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DISTRICT THREE, ONA ANNUAL "Nurses Make A Difference" Banquet

Friday, May 7, 2010

**D.D. & Velma Davis
Education & Visitor Center**

Fellows Riverside Gardens
Mill Creek Park
123 Mckinley, Youngstown, Ohio

SPEAKER:

Mary Jean Schumann, MSN, RN, MBA, CPNP
Chief Programs Officer, American Nurses Association

TOPIC:

"Contemporary Issues in Nursing"

"Champagne" Reception – 5:30 PM

Registration – 6:00 PM

Dinner – 6:30 PM

Speaker – 7:40 PM

ANA CPO KEYNOTE for DISTRICT THREE, ONA 2010 NNW EVENT

**Mary Jean Schumann, MSN, RN, MBA, CPNP
Chief Programs Officer, American Nurses Association**



This year, District Three, Ohio Nurses Association will be hosting Mary Jean Schuman, MSN, RN, MBA, CPNP, Chief Programs Officer (CPO) of the American Nurses Association (ANA) to be the keynote speaker at the annual, "Nurses Make a Difference" banquet. Ms. Schuman was appointed ANA CPO in July, 2008. In this role, Schumann is responsible for directing all of ANA's rich programmatic and content areas including nursing practice and policy, government relations, ethics and human rights, occupational and environmental health and the association's continuing education programs. Additionally, Schumann fills a key role on the senior executive leadership team where priorities include advocating for safe, quality health care for the public through support

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DISTRICT THREE ONA MISSION:

To advance professional nursing practice in Mahoning, Trumbull and Columbiana Counties in service of quality health care.

FROM THE PRESIDENT (Continued from page 1)

the committee chairs and members for the volunteer time and energy to provide members with expert programs, community events, fund raisers and political expertise in all areas related to professional nursing in the tri-county area and beyond. I am thankful for the mission of ONA and ANA to guide us in the programs we provide.

I conclude this final column with a few thoughts and favorite sayings that I have used over the forty plus years of my nursing career...some are familiar, some old, some can encourage you to think of life's commitment to professional nursing and / or just life in general. Some thoughts and phrases are anonymous, some I quoted, some told to me, and some of my own that I want to share.

“Ask for what you need.”

“Accept support.”

“Alphabet letters after my name does not make me a better nurse.”

“Know that you did your best.”

“Sometimes bad things happen to good people.” H. Kushner

“All behavior has meaning.” H. Peplau

“Silence is golden.”

“Listen with your eyes.”

“Self care is not selfish.”

“Make a decision and move on.”

“Volunteers have ordinary hands and extraordinary hearts.” VSA

“When God made nurses, She/He was just showing off.”

“Be Good, Act Right!” Janosik

HAPPY LIFE!

Thank You District Three, it's been a great run.”

PRACTICE PEARLS



CAN A REGISTERED NURSE ADMINISTER METHOTREXATE FOR AN ECTOPIC PREGNANCY?

. . . . by Ann Dickmann, RN,C, Chair, Professional Practice Committee

Can a Registered Nurse administer Methotrexate for an ectopic pregnancy?

- If a nurse administers a drug to terminate a pregnancy when the fetus or embryo is alive, for the purpose other than to produce a live birth, the nurse is performing or inducing an abortion and that is basis for disciplinary action by the Ohio Board of Nursing (OBN) under section 4723.28(B) (30) of the revised code.

- A 2005 opinion from Attorney General Petro advised the OBN that an ectopic pregnancy is considered a live pregnancy unless it is known that the fetus or embryo has stopped developing and the tissue is dead.

- A nurse's administration of Methotrexate, if the intent and effects were to terminate a live pregnancy, would violate Ohio law.

References: Momentum Winter 2007
Nurse Practice Act

SCHOLARSHIP FUNDS

The District Three Board of Directors wishes to notify the membership and other interested parties that applications for scholarship money will be available in the office March 1, 2010 with a completion deadline of June 30, 2010. The office staff will mail the application to members and students accepted into a generic BSN, RN completion or a MSN program upon request.

Financial assistance in the form of \$500.00 scholarships is available to any member enrolled in a BSN completion program and a member enrolled in a MSN program, as well as a student accepted into a generic BSN program. District Three looks forward to awarding worthy candidates money that can assist them in achieving their goals.

The forms must be completed including two references and received in the District office no later than June 30, 2010. The Scholarship Committee reviews the applications and references after staff blinds names and any other identifying information so that objective decisions by the committee can be made.

Receipt of other educational financial assistance will not disqualify a member or a student from being awarded a District Three Scholarship.

... Reminder ...

Members please remember to vote in the District Three, ONA Election for Officers and Nominating Committee by using the Ballot enclosed in this newsletter. Make your voice heard! Have your say!

INFORMATION NEEDED FOR ANNUAL BANQUET

Members who have achieved their degrees, certification, special recognition or awards since our last annual meeting on May 8, 2009 should notify the office of your achievement by April 30, 2010. Recognition of these accomplishments by District Three is an important part of the Annual "Nurses Make A Difference" Banquet scheduled for Friday, May 7, 2010 at the DD Davis & Velma Education Center, Rose Garden, Millcreek Park, 123 McKinley Way, Youngstown, Ohio 44509. It is important for each of you who have achieved your goals and/or received special recognition be acknowledged by your peers and professional association.

ANNUAL "NURSES MAKE A DIFFERENCE" RECOGNITION

Name _____
Please check accomplishment(s):
Certification _____ Credentials _____
Education _____ Credentials _____
Other _____ Credentials _____

RECEPTION PLANNED TO HONOR RETIRED MEMBERS

The District Three, Ohio Nurses Association (ONA) Board of Directors will be hosting the seventh annual celebration reception for Members that have retired from our nursing profession from May 9, 2009 through May 7, 2010. This gathering will be held as a prelude to the May 7, 2010 Annual Celebration Banquet. The event will take place at the D.D. & Velma Davis Education Center in Mill Creek Park Rose Garden, Youngstown, Ohio at 5:30p.m.

At this 'Reception', District Three will recognize and honor retired members in a special way. Please take note of the date and R.S.V.P. if you are one of our members who have retired in the stated time period. Upon request, a current member will provide transportation for those attending both the reception and the Annual Banquet. An accurate count is necessary so that we can plan an event suitable for our honorees.

PRACTICE CONCERNS

If you have a practice concern, please contact a member of the Practice Committee directly or by calling the office: 330-799-4199 or by email: d3ona5669@yahoo.com Anonymity/confidentiality will be preserved if requested.

HELEN E. POPA MSN LOAN FUND ACCESS

ATTENTION - Any members who are attending or planning to attend an NLN approved Masters in Nursing Program should be aware that interest-free loan applications are available now through the Helen E. Popa Masters in Nursing Loan Fund. The interest-free loans will be granted in April, 2010. Please call the office if you are interested and the application and details will be sent to you.

BOARD OF DIRECTORS 2008-2010

- President Madalyn Janosik
First Vice President Jeannie Mulichak
Second Vice President Doris D'Errico
Secretary Gaylene Englert
Treasurer..... Carol Smith
Directors..... Louise Aurilio, Michelina Noren, Joyce Shaffer, Gina Ianzone, Joanne Hedrick and Mary Ellen Seiter

Linda Warino, Executive Director

This Newsletter is published five times per year. Comments and suggestions are always welcome; Guest writers are always welcome. Articles are viewed for approval before publication. The editor reserves the right to reject, edit and condense letters. Publication does not constitute an endorsement of the views, opinions and statements of fact expressed. Subscriptions are available to non-member registered nurses at \$15.00/year.

District Three, ONA
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E-mail: d3ona5669@yahoo.com
Website: d3ona.org

OPPORTUNITY KNOCKING

From time to time, District Three, ONA is solicited for registered nurse job opportunities. If you are interested in knowing what is presently available, please call the District office (330-799-4199) to inquire. The staff will apprise you of the details of current availabilities.



District Three Medallions And Pins Are Available At The District Office For Gift Giving At Holidays And Other Important Dates In A Nurse's Life.

(Continued from page 1)

ANA CPO KEYNOTE for DISTRICT THREE, ONA 2010 NNW EVENT

for the nursing profession, and advancement of the registered nurse as a key provider in the nation's health care delivery system.

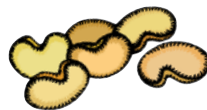
Prior to her appointment as CPO, she had served for over seven years as ANA's Director, Nursing Practice and Policy where she influenced professional practice issues and nursing policy covering a broad range of health care settings, specialties, nursing roles and practice challenges. Prior to her employment with ANA, Schumann gained extensive senior management experience in both large and small health care organizations. For more than three years, she served as Executive Director of the National Organization on Adolescent Pregnancy, Parenting and Prevention, in Washington, D.C. She was responsible for obtaining major research grants and for redirecting the efforts of the organization toward seeking long-term leadership solutions.

Additionally, Schumann's background includes being named as Executive Director of the National Certification Board of Pediatric Nurse Practitioners, the position of chief nursing officer, Director of emergency medicine, medical-surgical, operating and obstetric departments, hospice, alcohol and drug abuse, and cardiac rehab programs to a service area of approximately 25,000 community residents, all at Tomah Memorial Hospital, in Tomah, Wisconsin. Schumann is enrolled in the Doctorate of Nursing Practice at Johns Hopkins University, in Baltimore, Maryland. Please join your colleagues in hearing this renowned national leader, speak to our membership on Contemporary Issues in Nursing.

The event will take place during National Nurses Week (NNW) on **Friday, May 7, 2010 at the D. D. & Velma Davis Education and Visitors Center, Fellows Riverside Gardens, 123 McKinley Ave., Youngstown, Ohio 44509.** A champagne reception at 5:30p.m., to honor all of our members who have retired from May 9, 2009 to May 7, 2010 will kick off the evening. Registration for dinner, Continuing Education Program and a special membership meeting will open at 6:00p.m. with dinner following at 6:30p.m.

An invitation has been extended by the Board of Directors and Legislation Committee to area legislators to join us at this joyous and exciting occasion. Please take this opportunity to celebrate NNW with your RN colleagues, to meet and dine with area politicians, meet and to hear this leader from the American Nurses Association share her experiences and knowledge with us in a wonderful setting. See you there!

DISTRICT THREE 'TOP NUT' WINNER ANNOUNCED



Congratulations to the selected winner of the District Three, Ohio Nurses Association (ONA) "Top-Seller" 2009 – 2010 Contest for our "Holiday Nut Sale". Eligible for the drawing were those individuals who sold 10 or more cases of nuts. Those who qualified for the drawing included: Mary Ellen Seiter, Joanne Repasky (Chair of Ways & Means Committee), Lee Kovalan, Diane May, **...and the winner is ...Diane May!**

LEGISLATIVE CORNER

.....by Mary Ellen Patton, RN, Member Legislative Committee

WOMEN CREATED MEMORIAL DAY!

Much of women's history is missing from our public story. One more example—women were almost entirely responsible for the recognition of Memorial Day. Its origin was the Civil War and until recently, the day focused on the terrible War Between the States that, at tremendous human cost, ended slavery.

Just weeks after the Civil War ended in April 1865, Ellen Call Long organized a women's memorial society to reconcile embittered enemies. Usually named some variant of "women's relief society," groups sprang up in both the North and South that not only memorialized the dead, but also cared for the war's disabled and its widows and orphans.

On June 22, 1865, women adopted these profound, forgiving, and future-oriented resolutions. The document read in part:

The object of this meeting is to initiate a Memorial Association..that shall perpetuate in an honorable manner the memory of the gallant dead...

In no invidious spirit do we come; the political storm that shook our country to its foundation, we hope, is passed... We are done with the [Confederate] cause...and are willing to do all that women can do to stem the tide of bitterness...and angry feelings...We will practice and teach forbearance and patience, which must finally bring peace and justice...

Our society has forgotten that women cleaned up the mess. They took the gruesome reality of approximately a half-million dead men, and by promoting cemeteries, led the way in turning blood and gore into something that encouraged serenity and reflection.

In our nation's capitol, filled with museums, there is not one to remind us of the totality of the experience of American women. A new organization has been created to correct this flaw and is working with Congress to provide a memorial to recognize the work and contributions of women.

Taken from NWHM historical consultant, Doris Weatherford, noted author

NURSING CAREER DAY at YSU

On February 1, 2010, YSU held a Job Fair for their Senior Nursing Students. District Three, ONA Leadership attended to welcome students to the Nursing profession and to introduce them to the professional association for all registered nurses.

President, Mada Janosik and 2nd VP, Doris D'Errico with students at the District Display Table)



SIGN UP NOW FOR DISTRICT COMMITTEES

With the election of a new Board of Directors, the prior biennial committees end their term unless they request to be reappointed to the same or a different committee for the 2010-2012 biennium.

To assist the Board of Directors in appointing new committees, fill out the form below for the new Board so that they will know of your interest and your willingness to make a commitment to continue the work of District Three.

District Three is widely recognized at ONA for our zealous community involvement. We need to continue and expand our service to our members and the people we serve in the tri-county area. Please sign up and get involved.

DISTRICT THREE, ONA COMMITTEE SIGN-UP SHEET

Name _____

Address _____

Employer _____ Phone _____

I would like to be considered by the Board of Directors for the following position(s):

Committees:

- | | | |
|--|---|---|
| <input type="checkbox"/> Bylaws | <input type="checkbox"/> Finance | <input type="checkbox"/> Canfield Fair/BP Screening |
| <input type="checkbox"/> Professional Practice | <input type="checkbox"/> Scholarship | <input type="checkbox"/> Legislation |
| <input type="checkbox"/> Continuing Education | <input type="checkbox"/> Special Task Force | <input type="checkbox"/> Ways & Means |
| <input type="checkbox"/> Legislative Liaisons | <input type="checkbox"/> Awards | <input type="checkbox"/> Medallion |
| <input type="checkbox"/> Daybreak Project | | |

Chair Member

Community Projects

Comments:

District Three, ONA to Help Out at Second Harvest Food Bank NNW 2010

District Three, ONA Board of Directors and Membership are planning to celebrate National Nurses Week (NNW) 2010 by once again volunteering their time at the Second Harvest Food Bank. Besides donating service at the food bank on May 11, 2010 District Three RN's intend also to make a donation of money and non-perishable food items. The intent is in keeping with the spirit of nursing and our members feel that there is no better way to celebrate NNW than by serving those in need. Please sign up by calling (330-799-4199) or emailing (d3ona5669@yahoo.com) the District Office or drop by with your food and/or monetary donation for this great event.

Last year, many of our RNs engaged in this activity and all who were there said, hands down, that they achieved far more than they gave in doing this worthy service. Thank you in advance for signing up to give service at 2nd Harvest Food Bank, donating money or nonperishable food to this wonderful endeavor to be held on May 11, 2010 from 12 noon to 2p.m..

(See Picture Below of May 2009 event at the Second Harvest Food Bank)



A CARING ENCOUNTER of a DIFFERENT KIND

On Saturday, January 30, 2010 at A La Cart Catering in Canfield, Ohio, District Three, ONA presented a morning filled with information on Caring for the Caregiver with a New Twist. Highlights of the event were a breakfast buffet, speakers and exhibitors that made for a fun event filled with care information, health tips, exhibitors of different health/care therapies and, most of all, enjoyment.

Featured speaking guests were Alma Garcia-Smith, MD, an accomplished Primary Care Physician offering a presentation entitled "Mindfulness Meditation" and James Mussler, D.C., a Chiropractic Physician and associate of Wellness One who spoke on the merits of "Standing Tall-Good Spinal Hygiene".

Door prizes donated by District Three, ONA and exhibitors, Carol Franklin, Mary Kay Representative, Chrisi Ricker, Pampered Chef, David Gatesman from Gatesman Financial, Kathy Hull, Cookie Lee Jewelry Representative and Dr. Mussler, Wellness One. The winners of those prizes were as follows:

Cheryl Puskas won flowers donated by Dr. Mussler, Wellness One
Marjorie Thornton won the Mary Kay Basket donated by Carol Franklin
Deborah Hromyak won the Cookie Lee Jewelry Gift, donated by Kathy Hull
Kent students won the District Three, ONA Care Basket
& the Pampered Chef Gifts donated by Chrisi Ricker
Nancy Mosca & 2 Kent Students were the winners of the three kitchen ware Baskets donated by David Gatesman.

Please enjoy the photos from that event.

