

DISTRICT THREE ON A DISTRICT THREE DISTRICT THREE

OHIO NURSES ASSOCIATION
WILLIAMSBURG WEST • 5669 MAHONING AVENUE, SUITE C • YOUNGSTOWN, OHIO 44515

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OHIO NURSES ASSOCIATION #3

DISTRICT THREE ON A DISTRICT THREE DISTRICT THREE

December 2009 - January 2010

UPCOMING MEETINGS

Finance Committee..... January 6
Board of Directors January 13
CE & Membership Meeting..... Saturday, January 30
R&R Steering Committee February 9
R&R Interest Group February 23
Board of Directors March 10
CE & Membership Meeting..... March 24
Leadership Development Institute..... April 7

DISTRICT THREE, ONA CE & Membership Meeting SATURDAY, JANUARY 30, 2010

A LA CART CATERING, 429 Lisbon Street, Canfield, Ohio

RESERVATION: PLEASE MAIL YOUR CHECK TO THE OFFICE PRIOR TO THE MEETING

Name _____
Please specify if RN or LPN

Address: _____

Name(s) of Guest(s): *(Please specify if a Registered Nurse or Licensed Practical Nurse for CE Certificates)*

E-mail Address _____

Buffet Menu includes:

Breakfast Buffet Includes: Cheese Blintz, Quiche Lorraine, bacon, link sausage, oatmeal/cold cereal, assorted pastries, fresh fruit, orange juice, coffee, tea and decaf • **Please let us know if you have any special food needs**

Cost: ___ Member - \$23.00 ___ Non-member - \$30.00 ___ Guest - No CE - \$23.00 ___ Students - \$18.00

Members and non-members unable to attend the breakfast, are welcome to attend the CE Portion only of the meeting. The cost of the CE is \$5.00 for members, and \$12.00 for non-members. Refunds are only possible when notified four days in advance of the event. Unpaid meal reservations are the responsibility of the member and will be billed for the cost.

RESERVATION DEADLINE - January 21, 2010 • Make check payable to: District Three, ONA
Mail to: District Three, ONA, Williamsburg West, 5669 Mahoning Avenue, Suite C, Youngstown, Ohio 44515

A CE application has been submitted to the Ohio Nurses Association. Please call the District Three office at 330-799-4199 for more information about contact hours. CE Credit may only be obtained after attending 100% of the program and completing the program evaluation.

American with Disabilities Act - Please notify the office if you require special accommodations

FROM THE PRESIDENT

.....by Mada Janosik, MSN, RN,
President



A new year is upon us. It will be difficult to write the year as 2010 in January ...it will take me awhile to adjust. I will be adjusting to a new semester schedule, returning to a routine from the hectic holidays past, and of course thinking about the upcoming activities in 2010! We have articles posted throughout this newsletter so please take a few minutes to read about upcoming events and recent activities of the people and committee work of District Three.

Our Thanksgiving celebration and CE event at Johnny's was a delight and we learned more about infections that invade our bodies and how best to
(Continued on page 2)

**DISTRICT THREE, ONA
CE & MEMBERSHIP MEETING
SATURDAY, JANUARY 30, 2010
A LA CART CATERING
429 Lisbon St. (Route 62), Canfield, Ohio 44406**

**A CARING ENCOUNTER
of a DIFFERENT KIND**
SPEAKER: ALMA GARCIA-SMITH, MD
TOPIC: "MINDFULNESS MEDITATION"
SPEAKER: JAMES MUSSLER, D.C.
"STANDING TALL-GOOD SPINAL HYGIENE"
VENDORS: PAMPERED CHEF (CHRIS RICKER),
WELLNESS ONE, MARY KAY COSMETICS

**Registration - 8:15 AM • Breakfast - 8:30 AM
Speaker - 9:00 AM**
**Cost: Member - \$23.00 • Non-member - \$30.00
Guest - No CE - \$23.00 • Students - \$18.00**

A CARING ENCOUNTER of a DIFFERENT KIND

On Saturday, January 30, 2010 at A La Cart Catering, 429 Lisbon Street, Canfield, Ohio, District Three, ONA will present a morning filled with information on *Caring for the Caregiver with a New Twist*. Starting with registration at 8:15am and a breakfast buffet at 8:30 am, join your nurse colleagues, our speakers, the exhibitors and your friends for a fun event filled with care information, health tips, exhibitors of different health/care therapies and, most of all, enjoyment.

As if great food and good company were not enough, our featured speaking guest for the morning will be Alma Garcia-Smith, MD, an accomplished Primary Care Physician offering a presentation entitled "Mindfulness Meditation". She will begin her discussion at approximately 9:00am.

Dr. Garcia-Smith graduated from Medical School in Mexico City in 1983. Shortly after completing her degree, she immigrated to the Youngstown area to undergo a specialization in Internal Medicine and has worked in the field of Primary Care for the last several years. Through her work as a primary

(Continued on page 4)

DISTRICT THREE ONA MISSION:

To advance professional nursing practice in Mahoning, Trumbull and Columbiana Counties in service of quality health care.

FROM THE PRESIDENT (Continued from page 1)

avoid them. Our District members are selling nuts this year and although we ordered less than in the past, we are doing fairly well in sales. We initiated our food bank money donations at the November meeting and will continue to collect money and non-perishable items at the office.

We have lost some District members over the past year...some due to downsizing units, some due to retirement and some due to relocation. However, we are attracting new members and welcome them to attend District events. Our Legislation Committee has included student nurse leaders to participate in a dinner at the office and they attend our meetings in the office and off-site.

The Board anticipates that District Three will continue to provide member services out of our District office for years to come. Our Continuing Education committee has planned some wonderful CE events for this year and of course our Leadership Institute will be held in April. We ask for all members to nominate young members to attend the leadership institute in April.

We have two vacant seats on the Board of Directors and will ask for members to consider running for these positions in addition to upcoming vacancies as board members finish their terms of office. The requirements are a **commitment** to five meetings a year, a **commitment** to District Three's mission and participation in District events. We work hard at board meetings and resolve issues because we are able to freely express concerns and opinions. We have a diverse board of directors including staff RNs, retired RNs, RN educators, administrators and non-traditional nurses. We make decisions for the good of the whole and some decisions are difficult. The Board weighs all sides of issues that come before us and dedicate our time and commitment to acceptable resolutions. District Three's staff provides the support for all that we do and this makes for our success as your representatives on the Board.

At this time, on behalf of the Board, I wish a you Merry Christmas and Happy New Year.

Holiday Wishes from District Three

The Board of Directors, Committee Leadership, Volunteers and Staff wish you and your families a



*Blessed, Happy
&
Peaceful
Holiday Season*

PRACTICE PEARLS PAIN PUMPS: Peripheral Nerve Infusions



Rochelle Anzevino, MSN, RN-BC

- Peripheral nerve infusions, sometimes called "Pain Pump" therapy, employ local anesthetic infused near a nerve. One brand name you might see is the "ON-Q® Continuous Peripheral Nerve Block."
- It's important to note that this therapy is different than the ON-Q® Painbuster® which is continuous local anesthetic delivery to the surgical incision site.
- Peripheral nerve infusions alter the way in which the nerve is able to transmit painful signals to the brain. An anesthesiologist inserts a micro-bore catheter into the peri-neural area, located in the lumbar plexus, femoral, sciatic, axillary or brachial nerve area specific to the need for postoperative pain control with a local anesthetic.
- These infusions can serve as an effective intervention for acute pain management, with the goal being sensory numbness of the operative site with maintenance of full motor function.
- ◆ **Potential benefits include:**
 - ✓ Near complete pain relief after extensive surgeries with few side effects. ✓ Less narcotic medication & narcotic related side effects. ✓ Quicker recovery and potentially earlier discharge. ✓ Improved patient satisfaction.
- ◆ Contraindications include coagulation disorders, preexisting neuropathies, physical conditions preventing placement of nerve block catheter, CNS disease, & others.
- ◆ **Assessment:**
 - ✓ Ensure an IV or prn adapter is maintained & patent for the duration of therapy.
 - ✓ Assess patient's level of pain every 2 hours.
 - ✓ Assess the following every 4 hours or as per physician order:
 - Vital signs & Level of sedation/level of consciousness
 - Signs of infection.
 - Affected extremity: Motor strength, Sensory status, Circulation (especially distal to the operative site), Condition of skin (avoid breakdown)
 - Catheter and surgical site for condition of dressing, bleeding, swelling, hematoma, leaking, kinks, patient lying on tubing, tubing inadvertently clamped, etc. Note: A small amount of leaking at the catheter site is not uncommon.
 - Check to ensure medication is infusing (follow manufacturer recommendations).
 - Signs of complications [Stop infusion and notify Anesthesia as warranted--immediately for last 2 complications]: e.g., hematoma, injury or anesthetic blockade of adjacent structures, nerve damage, pneumothorax, inability to plantar/dorsiflex foot or perform hand grasp, or systemic local anesthetic toxicity (inadvertent injection of local anesthetic into the vascular system with signs including ringing in the ears, metallic taste in the mouth, numbness of the lips, twitching of the eyes and lips leading to seizures, cardiovascular, respiratory and CNS depression). Provide emergency care as needed.
- ◆ **Other Care:**
 - ✓ Be aware of extremity numbness upon movement. Instruct patient as to need for assistance.
 - ✓ If patient is unstable when standing [i.e. due to numbness], clamping before activity may be necessary. Consult the Anesthesiology Dept.
 - ✓ Protect pump & tubing.
 - ✓ If the peripheral nerve catheter disconnects, the RN will place the tip of the catheter inside a sterile 2x2, turn off the Pain Pump, and notify Anesthesia.
 - ✓ Administer pain medicine by other routes as ordered/needed.

DISTRICT THREE, ONA/UAW FLU CLINIC CANCELLED

In April of 2009, District Three, ONA, in conjunction with the United Auto Workers (UAW), ordered 500 doses of the 2009-2010 seasonal influenza vaccine in order to serve the community with preventative inoculations. Several of our registered nurse members had volunteered to deliver the inoculations at a Flu Clinic to be held at the UAW Hall on October 25, 2009. All along, the District Office was being assured by the vaccine supplier that we would get the vaccine in time for our scheduled clinic. However, on October 22, 2009, the distributor finally admitted that we would not be getting the ordered vaccine at all. It is with deep regret that the District had to cancel this preventative service and we thank all those that had offered to help with that venture. We look forward to serving our community better in the near future.

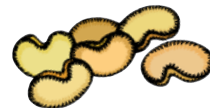
District Three, ONA Contributes to YSU Health Fair

On November 3, 2009, District Three, ONA members participated in the Youngstown State University Health Fair by offering Free Blood Sugar Testing with counseling and referral. This activity, a service to YSU students, faculty and visitors, was done in conjunction with YSU Nursing Students who were offering information on good nutrition, diabetes, prevention and treatment.



Member pictured: Doris D'Errico, RN, CPAN.

NUTS! NUTS! and More NUTS at DISTRICT THREE, ONA



There are still nuts available. Once more, we have contracted with the Peterson Nut Company to provide the area with the most delicious, high quality and reasonably priced gourmet nuts available to the tri-county residents. These gift packaged delicacies are available in one and two pound containers, salted and unsalted (2lb. mixed nuts only), mixed (with no peanuts) and cashews are available at the office.

In order to make the sale a success we need both buyers and sellers. Please call the office today at 330-799-4199 in order to place your order or to volunteer to sell these wonderful treats. All sellers of ten or more cases of nuts are automatically entered into a raffle to win a free one year ONA membership (non-members will win a \$100.00 cash prize). The office staff is expecting your call.

HOLIDAY OFFICE HOURS FOR 2009

The office will be open on Monday, December 21, and Tuesday, December 22, 2009 and then closed through the holidays, reopening on Monday, January 4, 2010. It is important for you to note these dates in the event that you have nut orders to pick up. **The last pick up date for nuts before the holidays will be Tuesday, December 22, 2009.**

(Phone messages will be monitored)

Linda Warino, BSN, RN
Executive Director
District Three, Ohio Nurses Association

PRACTICE CONCERNS

If you have a practice concern, please contact a member of the Practice Committee directly or by calling the office: 330-799-4199 or by email: d3ona5669@yahoo.com Anonymity/confidentiality will be preserved if requested.

HELEN E. POPA MSN LOAN FUND ACCESS

ATTENTION - Any members who are attending or planning to attend an NLN approved Masters in Nursing Program should be aware that interest-free loan applications are available now through the Helen E. Popa Masters in Nursing Loan Fund. The interest-free loans will be granted in April, 2010. Please call the office if you are interested and the application and details will be sent to you.

OPPORTUNITY KNOCKING

From time to time, District Three, ONA is solicited for registered nurse job opportunities. If you are interested in knowing what is presently available, please call the District office (330-799-4199) to inquire. The staff will apprise you of the details of current availabilities.



District Three Medallions And Pins Are Available At The District Office For Gift Giving At Holidays And Other Important Dates In A Nurse's Life.

BOARD OF DIRECTORS 2008-2010

- President Madalyn Janosik
- First Vice President Jeannie Mulichak
- Second Vice President Doris D'Errico
- Secretary Gaylene Englert
- Treasurer..... Carol Smith
- Directors..... Louise Aurilio,
Michelina Noren, Joyce Shaffer, Gina Ianazone,
Joanne Hedrick and Mary Ellen Seiter

Linda Warino, Executive Director

This Newsletter is published five times per year. Comments and suggestions are always welcome; Guest writers are always welcome. Articles are viewed for approval before publication. The editor reserves the right to reject, edit and condense letters. Publication does not constitute an endorsement of the views, opinions and statements of fact expressed. Subscriptions are available to non-member registered nurses at \$15.00/year.

District Three, ONA
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A CARING ENCOUNTER of a DIFFERENT KIND

care physician, Dr. Garcia-Smith identified a growing need to help people restore a balanced sense of health and wellness beyond treating their illness. Through professional training at the University of Massachusetts Center for Mindfulness, Dr. Garcia-Smith is able to offer the highly acclaimed Stress Reduction Program to people in our community.

Do not miss this opportunity to hear her use the principles of Mindfulness-Based Stress Reduction (MBSR) as she guides us through a series of methods to enhance our ability to gain skills for managing anxiety and chronic pain as a complement to any medical intervention being received. Following the principles herself throughout the program, Dr. Garcia-Smith invites each participant to join in the journey to an optimized state of health and well being using MBSR.

James Mussler, D.C., a Chiropractic Physician and associate of *Wellness One* will be speaking on the merits of "Standing Tall-Good Spinal Hygiene". His presentation follows a morning break with exhibitors and will include information about proper exercise, good posture, good nutrition, positive mental attitude and how good spinal hygiene enhances your overall health.

Simultaneously and following Dr. Garcia Smith and Dr. Mussler's presentations, there will be a *Pampered Chef* display by member, Chrsi Ricker, a *Wellness One* display by Kim Cool, Mary Kay Cosmetics, Carol Franklin (sister of member Marlene Simon) and more. Breaks will be provided so that attendees can enjoy these exhibits.

Finally, at about 11:30am, there will be a short District Three, ONA business meeting followed by adjournment. The speakers, the exhibitors, the experience are a combination that none of you will want to miss. Register now and secure your seat for this exciting and innovative event. See you there!



DISTRICT THREE ELECTIONS FOR THE 2010-2012 BIENNIUM

Now is the time to consider running for a leadership position for District Three, ONA. Positions available are: Officer, Member, Board of Directors or Nominating Committee. Fill out the following form to express your interest in running.

NOMINATING COMMITTEE REQUEST

I am interested in being considered by the Nominating Committee. Fill out the following form to express your interest.

Name: _____

Employer: _____

Position: Officer 2 year term; Director 4 year term

President 1st Vice President 2nd Vice President Secretary Treasurer

Director Nominating Committee (2 year term)

I understand the Nominating Committee will contact me prior to placing my name on the ballot.

(Continued from page 10)

LEGISLATIVE CORNER

.....by Virginia Wepfer, RN, Member, District Three, ONA Legislative Committee

HEALTH CARE DEBATE

"I have never encountered an instance where Medicare has prevented proper medical care. Insurance companies frequently interfere and block appropriate care."

Dr. David Scheiner, quoted in "Medicare for Everyone"/ Vindicator/ September 29, 2009.

"Some negative aspects of the present Health Care Reform bills:

-Employer health-care plans, which cover most Americans...will need to comply with the regulations, restrictions and mandates of the 'health choices commissioner'- a new position occupied by a person who will make health choices for the entire nation as advised by a 25 member Health Benefits Advisory Committee..

-If you buy health insurance on your own, you can keep your plan- provided absolutely no changes are made except the addition of dependents and changes 'required by law'.

-It is expected that the new Health Commissioner will impose substantial new mandatory benefits, which will increase premiums.

Robert Book, The Heritage Foundation/ Vindicator/ Sept. 29, 2009.

"The ANA believes nurses should actively support healthcare reform. We can't afford to wait. We really need to make this happen now. The cost of inaction is greater than action."

Rebecca Patton, President of ANA

Quoted in an article: "Nurses Asked to Spread Information on Healthcare Reform"

By Cathryn Domrose/ news.nurse.com/September 28, 2009/

WHAT CAN YOU DO??

"No matter the specific outcomes of health care reform, nurses will be on the front lines of delivering care. Nurses contribute to shorter hospital stays for patients, provide case management to patients with chronic diseases, and are at the center of preventative care. Let the chairperson and vice chairperson of the Initiative on the Future of Nursing know your innovative ideas that address important nursing issues, such as the nurse shortage and regulatory and reimbursement barriers to nursing. send your thoughts to the initiative at nursing@nas.edu."

Donna Shalala and Linda Bolton, "The Initiative on the Future of Nursing"/ AJN, Sept, 2009.

"THE MORAL STRENGTH OF A NATION IS MEASURED IN IT'S CARE FOR THE MOST VULNERABLE IN SOCIETY: THE YOUNG, THE DISABLED, AND THE ELDERLY."



LEGISLATIVE CORNER

.....by Virginia Wepfer, RN, Member, District Three, ONA Legislative Committee

HEALTH CARE DEBATE

What are we debating?

- * Is health care a *right or a privilege*? Should everyone be covered?
- * Should health care be available through employers? Should it be based on a business model?

“The AMA has opposed mandatory health insurance since 1912. The private health care industry has operated since the beginning of our nation and hasn’t solved the problem.”

Thelma Schoor; AJN; August 2009.

“Six popular myths about health care:”

1. “Health care is more socialized overseas.”
Actually, America has more: e.g. government run health care for those over 65 and veterans.
2. “Overseas, care is rationed through limited choices or long lines.”
Generally, NO!
(On July 31, an editorial in *Investor’s Business Daily* warned that health-care reform would produce a system like Britain’s.....People such as scientist Stephen Hawking wouldn’t have a chance in the UK.” BUT... Hawking lives in the UK, and regularly gets expensive care! *Begley, Sharon; Newsweek; August 24, 2009.*)
3. “Foreign health-care systems are inefficient, bloated bureaucracies.”
Actually, NO. U.S. health insurance companies have the highest administrative costs in the world- roughly 20 cents of every dollar for non-medical costs. (Medi care costs = 3 cents to every dollar.)
4. “Cost controls stifle innovation.”
The United States is home to groundbreaking medical research, but so are other countries with much lower cost structures.
5. “Health Insurance has to be cruel.”
Not really. The key difference is that foreign health insurance plans exist only to pay people’s medical bills, not make a profit. The United States is the only developed country that lets insurance companies profit from basic health coverage.
6. “America has the finest health care in the world.”
We don’t. In terms of results, such as life expectancy, maternal deaths and families who become bankrupt because of medical bills, almost all advanced nations have better health statistics than we do.

T. R. Reid, The Washington Post, August 26, 2009.

(Continued on page 11)

DISTRICT THREE, ONA LEGISLATION COMMITTEE HOSTS SNA LEADERSHIP

District Three, ONA Legislation Committee, chaired by Barbara Stamp, hosted a “Dinner & Conversation” with the Student Nurse Association Leadership from area schools as their guests on November 10, 2009. The evening included of-office tours, four-course Italian cuisine and a conversation between RN and student leadership.



Ten of the area’s most outstanding students at the reigns of their professional student organizations exchanged ideas and aspirations with seasoned nurses active in their professional nursing organization. As is evident in the photos, the result was a great time, fresh insight and newly forged relationships.



DISTRICT THREE, ONA PCE DONATION

District Three, ONA would like to thank the following members for their generosity in donating items to be included in the “Take the Leading Role” themed basket (see photo). The basket, valued at over \$250.00, was given by District Three to be sold in a silent auction by the ONA Health Policy Department in order to benefit the ONA Political Contributing Entity.

Special thanks to President Mada Janosik, 2nd VP, Doris D’Errico and members, Andrea Gambrel and Linda Warino.

DISTRICT THREE, ONA ATTENDS 2009 ONA HOUSE in INDEPENDENCE, OHIO

Thirty-nine District Three, ONA Delegates and one Alternate Delegate attended the Ohio Nurses Association 2009 House of Delegates & Convention. There, our representative members presented Reference Proposals and supported proposals made by other Districts, proposed ONA bylaws changes and discussed the emerging issues. With each new debate, our delegates stepped forward to give vital testimony and evidence that assisted the ONA House in making decisions for the next biennium.

The delegates also voted in the elections held where three District Three members were elected to office. They were Eric Williams for a structured seat on the ONA Board of Directors; Dorcas Fitzgerald for ANA Delegate in Education and Lori Beth Bortmas for ANA Delegate in Practice.

In addition we had several District Three recipients of ONA awards and they are as follows:

- Elizabeth K. Porter Award – Eric Williams
- Excellence in Non-traditional Nursing Role – Carol Smith
- Excellence in Nursing Administration – Sue Yoder
- Excellence in Nursing Research – Kim Howe
- Dorothy Cornelius Leadership Award – Linda Warino

Finally, inducted into the Cornelius Congress were President Mada Janosik and Eric Williams, and it was announced that Jean Mulichak and Joyce Shaffer will be inducted into the Congress in 2011.

For a full report on decisions made at the House of Delegates and the entire election results, please watch for the next edition of the **Ohio Nurse Review** an ONA publication. Please enjoy the photo Journal of that event.



CANFIELD FAIR REPORT 2009 (Cont'd)

Ryan Wilson, Leigh Altier, Aziza Atway, Ashley Carie, Jessica Cartwright, Georgia Cassano, Thomas Cimmento, Mary Duffy, Brittany Eshenbaugh, Sean Finnerly, Shavail Garrett, Laura Guyer, Megan Hawkins, Ellice Hayek, Anthony Hodos, Carol Hostetter, Jennifer Jerina, Terra Koontz, Marie Lingenfelter, Donna Lucivjansky, Briana Mangan, Molly Mann, Vaness Nittoli, Paul Peace, Melissa Reed, Andrea Saffle, Branden Sibley, Melissa Tarnaski, Sara Warner, Amy Williams, Jared Winland and Nicole Zimbardi.

YSU Instructors were: Pam Schuster, Renee McManus, Dorcas Fitzgerald, Amy Weaver, Louise Aurilio, Mada Janosik, Molly Roche and Sue Rendando.

Kent State East Liverpool Campus: Sara Foster, Phyllis Walter, Michele Thompson, Melissa Welling, Marian Birch, Jenny Campbell, Katie Bolan, Natalie Granito and Kathryn Goshorn.

Kent Instructors were: Angela Douglass, Diane Stewart, Anne Freitas and Joyce Heise.



CANFIELD FAIR REPORT 2009

.....by Renee McManus MSN, RN, ACNS-BC, CNE, Co-Chair

The 2009 Canfield Fair ONA Blood Pressure Screening was again a huge success. The weather was terrific. All the wonderful volunteers we had this year were also terrific. With the great weather and great help we did about 7000 blood pressures. I want to thank my Co-Chair Jeannie Mulichak, the ONA Blood Pressure Screening Captains and all the ONA RN's that participated. Also great thanks for our student help from both Youngstown State University Junior Nursing Students and their instructors and the Kent State East Liverpool students and their instructors. Every year we are so happy to get volunteers for this wonderful community service. I would really hope that next year when the Canfield Fair comes around that you would also think of participating in this worthwhile event.

District Three, ONA members participating were: Colleen Wilson, Jan Reeves, Sherry Klimas, Cheryl Puskas, Pam Snyder, Patti Nock, Linda Warino, Luann Martin, Judy McPhillips, Joyce Shaffer, Doris D'Errico, Ann Dickmann, Jeannie Mulichak, Joann Repaskey, Cindy Daniels, Sylvia Jacobs, Toni Lackey, Margie Kosik, Mary Ellen Seiter, Mada Janosik, Bianca Miller, Shirley Neher, Nancy Sanko, Nancy Colla, Dorcas Fitzgerald, Vicki Toth, Gail Halstead, Patrice Deley, Linda Everhart, Wanda Yerkey, Norma Schneider, Matt Leson, Amy Weaver, Molly Roche, Karen Shuback, Frances Ann Yallech, Julie Hoskins, Evelyn Olenick, Kevin Panamarczuk, Jim McCloskey, Gwen Montgomery, Louise Aurilio, Janet Stratton, Nancy McCrea, Gay Honaker, Bev Bretschneider, Rose Cruz Bonilla, Jessica Scardina, Eric Williams, Roseann Williams, Pauline Tomo, Robin Adams, Erin Rabich, Patricia Coblentz, Chris Ricker, Carol Smith, Gina Severino, Mickey Noren, Gaylene Englert, Marlene Simon, Angela Douglass, Candy Root, Barb Huffman, Nanci Nagy, Christine Bungo, Carmel Toto, Lori Grenich, Rebecca Schaub, Carmel Toto, Hermenia Harper, Lori Campana, Karen McGarry, Mandy Odem, Charlene Kellegran, Sharon Mulichak, John Klimko, Barb Stamp, Stephanie Stebelton, Cheryl West, Renee McManus and Debra Yesovich.

Nonmember volunteers were Sue Calautti, George Curl, Ashley Shuback, and Sandie Reel.
YSU Participants were: Catherine Baschnagle, Melissa Brannon, Holly Brant, Somer Breese, Amanda Brickman, Alexandra Campolito, Elizabeth Church, Madonna Cook, Pamela Dolling, Rochelle Gallo, Jessica Hickox, Tiffani Hodge, Rachel Hutnyan, Craig Johnson, Johnathan Kalman, Kaley Kastner, Serina Laney, Lee Nicole, Dana Leslie, Rebecca Lipari, Kelsey Mays, Sharon Milligan, Kathryn Mistovich, Ashley Mock, Jessica Moore, Jordan Morella, Michael Mullins, Vera Onwudiwe, Jamie Platton, Tracey Pusateri, Shiffawn Spann, Amy Sturuss, Trisha Velker, Lynn Williams,

